

What Should You Look Forward To In Heaven?

Written by Jocelyn Soriano

“You see God created you and I to be happy in this life and the next... He cares for you. He watches your every move. There's no one that loves you can do that.”

- Mother Angelica

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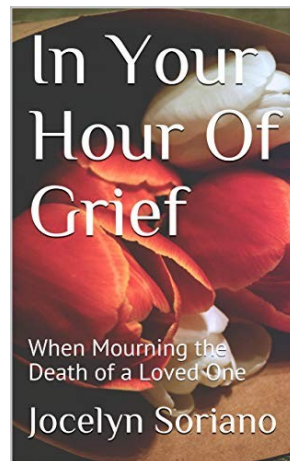
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Grief, particularly the sadness of grieving the loss of a loved one, is one of the darkest hours we could ever experience. It is something that goes beyond our comprehension, something so devastating it destroys the most beautiful dreams we have ever had with and for our beloved ones.

How does one go on after such a loss? How does one survive the empty vacuum our loved ones have left behind? Is there any valid meaning we could possibly attribute to death?

This is a short and simple book, but it is a powerfully healing and comforting book. May you find inspiration and wisdom in it, may you find practical advice, and may you be blessed with a love you will always be able to keep with you even in your darkest hour.

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“For now we see in a mirror, dimly, but then face to face. Now I know in part, but then I will know fully, even as I was also fully known. But now faith, hope, and love remain—these three. The greatest of these is love.” - 1 Corinthians 13:12-13,
WEBBE

How gently and lovingly
you wake in my heart,
where in secret you dwell alone;
and in your sweet breathing,
filled with good and glory,
how tenderly you swell my heart with love.
-St. John of the Cross

Our Idea of Heaven

Most people have a very clear idea of hell but a very vague concept of heaven. We have no trouble thinking about something that terrifies us, but we find it almost impossible to imagine something that will give us true happiness and peace.

Is heaven some boring place you go to after your life on earth is over? Is it a generic thing that could hardly speak to your heart's innermost desires?

But how could it be paradise if it could not even match the happiness we find in our earthly lives?

Look at the world we're living in. Isn't there such an abundance of light, beauty and wonder? How much more then the one that's meant to be eternal and beyond all thoughts and imaginings!

Moreover, heaven is not just a place. Heaven is a Person. Heaven is the fullness of Love!

“The great, essential joy of heaven will be the Vision wherein we shall see God face to face, shall know even as we are known, and love as we are loved... To love and strive for the object of desire is a natural beatitude. But God is infinite perfection, and the knowledge we shall have of Him is direct, face to face, the most intimate possible to creature; and love in heaven is not merely that of desire, but of fruition, derived from the possession of Him. We love and are loved, we possess and are possessed, we enjoy and are enjoyed, we are united to God... as heat to the molten iron... dissolved in Him as two pieces of wax fused together.” — Francis Cassilly

“I heard a loud voice out of heaven saying, ‘Behold, God’s dwelling is with people, and he will dwell with them, and they will be his people, and God himself will be with them as their God. He will wipe away every tear from their eyes. Death will be no more; neither will there be mourning, nor crying, nor pain, any more. The first things have passed away.’

He who sits on the throne said, ‘Behold, I am making all things new.’”

— Revelation 21, WEB-BE

Fixing Our Gaze Upon Heaven

“Heaven is fixing our gaze upon Christ; hell is simply choosing to look the other way.”

There is only one way to gain heaven, it is to look at Jesus without fail. Only by looking at Him do we find strength, hope and consolation. It is by looking at His gaze that we understand what love is, what true happiness means.

Looking at Jesus, we turn our eyes away from ourselves. We see how lowly we are, but we also see how truly great His mercy is!

Looking at Jesus, we do not despair even amidst the world's many troubles. In Christ, we remember how fleeting they are and how small. With God's love, all things are possible, and all things work for our good, even our many sufferings.

Indeed, by looking at Jesus, we remember our true home, which is heaven. Our hearts are filled with visions of its warmth and incomparable bliss.

Jesus is the light that guides our way and enlightens our darkness. Without Him we instantly fall. With Him, we rise again and are kept safe in His unfailing love.

Three Reasons We Must Fix Our Gaze Upon Heaven:

1. To guard us from despair and pride that results when we focus too much on ourselves instead of focusing on Christ.

2. To keep us in grace and avoid being entangled by the things of the world that wastes our time, brings us to temptation and weakens our spirit.

3. To not lose hope and motivation; to remember our true home and happiness.

Focusing On Jesus Instead of Ourselves

“Let us keep our eyes fixed on Jesus, on whom our faith depends from beginning to end.” - Hebrews 12:2, GNT

Set not your eyes on your righteousness, it will lead you to pride, and soon you will fall. Set not your eyes on your weaknesses, it will lead you to despair, and you will lose hope. For it is not upon ourselves that we should set our gaze upon. It is not upon our works or our many sins.

Consider the Justice of God. All our righteousness shall fall short when we think of His Holiness. What then can we boast about?

On the other hand, consider God's Mercy. Shall not our sins be washed away as we repent of them sincerely and seek for God's Compassion?

Set your eyes upon Him alone for in Him is all purity and mercy and truth. He will lift you up from your weakness. He will guard your heart so you won't fall.

“It was pride that changed angels into devils; it is humility that makes men as

angels.” -Saint Augustine

The soul's true greatness is in loving God and in humbling oneself in His presence, completely forgetting oneself and believing oneself to be nothing; because the Lord is great, but He is well-pleased only with the humble. - St Faustina, Divine Mercy in my Soul

Remaining in Grace, Peace and Strength

Peter stepped down from the boat, and walked on the waters to come to Jesus. But when he saw that the wind was strong, he was afraid, and beginning to sink, he cried out, saying, “Lord, save me!”

Immediately Jesus stretched out his hand, took hold of him, and said to him, “You of little faith, why did you doubt?”

-Matthew 14:29-31, WEBBE

Let us fix our gaze on Jesus. Look to no other. Do not be swayed to turn either to the left or to the right. Do not be disheartened by the many voices that move you to be anxious and afraid. Keep your eyes on Christ for only His loving gaze can help you.

Many times, we become tempted to look at things that rob us of courage and take away our peace. We become curious to look back at the things of the world, at the problems that threaten us, and instead of holding on to hope, we become so immersed in it we could hardly turn away.

Never make the mistake of lifting your eyes away from Jesus. Never think that by your own strength you can defeat the foes that surround you or the darkness the looms ahead.

Looking at our troubles often magnifies them and we do not see them for what they really are. But when we look at our Lord, we see how much bigger He is than all our problems and sufferings altogether. We find strength when we look at Christ. In Him is our hope and our peace.

Let us... remember Peter: three times he denied Jesus, precisely when he should have been closest to him; and when he hits bottom he meets the gaze of Jesus who patiently, wordlessly, says to him: "Peter, don't be afraid of your weakness, trust in Me." Peter understands, he feels the loving gaze of Jesus and he weeps. How beautiful is this gaze of Jesus — how much tenderness is there! Brothers and sisters, let us never lose trust in the patience and mercy of God! - Pope Francis

“Therefore let us also... lay aside every weight and the sin which so easily entangles us, and let us run with patience the race that is set before us, looking to Jesus, the author and perfecter of faith, who for the joy that was set before him endured the cross, despising its shame, and has sat down at the right hand of the throne of God.” - Hebrews 12:1-2, WEB

Our Thirst for Heaven

“Who except God can give you peace? Has the world ever been able to satisfy the heart?” — St. Gerard Majella

“As the deer pants for the water brooks, so my soul pants after you, God.”

— Psalm 42, WEBBE

There is a thirst in our souls that can only be filled by God. Some of us may ignore it. Many may live very busy lives and have no time to notice the emptiness within. Yet whether we admit it or not, there will always be something lacking in our earthly lives. Something we may barely have any idea of and yet something we miss and ache for deep in our souls.

Riches and earthly comforts may hide this ache for a while, but tragedies call our attention to it once more. It is there when a loved one dies and we are left with sorrows that will always cast a shadow upon our lives. It is there when injustice and violence happens and we long for true peace and freedom from our worst fears. It is there when the very people that made our lives fulfilled are the very same ones who have hurt us most.

“I will get up now, and go about the city; in the streets and in the squares I will seek him whom my soul loves.” — Song of Solomon 3:2, WEB-BE

“My Jesus, from all eternity you were pleased to give yourself to us in love. And you planted within us a deep spiritual desire that can only be satisfied by yourself. I may go from here to the other end of the world, from one country to another, from riches

to greater riches, from pleasure to pleasure, and still I shall not be content. All the world cannot satisfy the immortal soul. It would be like trying to feed a starving man with a single grain of wheat. We can only be satisfied by setting our hearts, imperfect as they are, on you. We are made to love you; you created us as your lovers.” — St. John Vianney

“Late have I loved you, O Beauty ever ancient, ever new, late have I loved you! You were within me, but I was outside, and it was there that I searched for you. In my unloveliness I plunged into the lovely things which you created. You were with me, but I was not with you... You called, you shouted, and you broke through my deafness... You breathed your fragrance on me; I drew in breath and now I pant for you. I have tasted you, now I hunger and thirst for more. You touched me, and I burned for your peace.” — St. Augustine

“I can find nothing on earth that can make me truly happy ; the desires of my heart are too vast, and nothing of what the world calls happiness can satisfy it. Time for me will soon be no more, my thoughts are fixed on Eternity. My heart is full of peace, like a tranquil lake or a cloudless sky. I do not regret this life on earth. I thirst for the waters of Life Eternal. -St. Therese, using the words of the angelic martyr.”— Théophane Vénard

“What draws me to my Heavenly Home is the summons of my Lord, together with the hope that at length I shall love Him as my heart desires, and shall be able to make Him loved by a multitude of souls who will bless Him throughout eternity.” -St. Therese of Lisieux

“I trust fully that I shall not remain idle in Heaven; my desire is to continue my work for the Church and for souls. I ask this of God, and I am convinced He will hear my prayer. You see that if I quit the battle-field so soon, it is not from a selfish desire of repose. For a long time now, suffering has been my Heaven here upon earth , and I

can hardly conceive how I shall become acclimated to a land where joy is unmixed with sorrow . Jesus will certainly have to work a complete change in my soul— else I could never support the ecstasies of Paradise.”-St. Therese of Lisieux

“I look forward, not to what lies ahead of me in this life and will surely pass away, but to my eternal goal. I am intent upon this one purpose, not distracted by other aims, and with this goal in view I press on, eager for the prize, God's heavenly summons. Then I shall listen to the sound of Your praises and gaze at Your beauty ever present, never future, never past. But now my years are but sighs. You, O Lord, are my only solace. You, my Father, are eternal. But I am divided between time gone by and time to come, and its course is a mystery to me. My thoughts, the intimate life of my soul, are torn this way and that in the havoc of change. And so it will be until I am purified and melted by the fire of Your love and fused into one with You.” - Augustine of Hippo, Confessions

Are You Curious About the New Name God Will Give You In Heaven?

It is said that when we get to heaven, God will give us a new name, a name that no one will know except the one who receives it.

Have you ever wondered what your new name would be?

How wonderful to think that in heaven, as we all get a new life, we'd also get a new and special name coming from God Himself. It is the name by which He knows us, and it would be a name that we'd always treasure in our hearts.

That Secret Part of You Deserves a Name

There will always be that secret part of you, that part that others may never know. Your friends may spend years in your company and not learn about it. Your parents may hardly have a clue. Even your most intimate loved one may have no idea that it exists. But it does. It exists somewhere deep within you. That hidden part that no one sees.

Have you ever experienced people suddenly being surprised about you?

Once in a while, someone says you've changed a lot, and another comments you did something quite unexpected of you. But you weren't surprised at all. You know that you've always been that person capable of doing such a thing. They just didn't know you've got it in you all along.

There's a whole universe within each person that cannot be entirely known by another.

And though once in a while, someone may have more glimpses into your inner world, you know that there is so much more that hasn't been revealed.

Sometimes it feels good because it helps you see just how wonderfully you have been made. You know that you're not someone who can just be tagged into stereotypes. Your inner being is so vast that it can never be measured by anyone.

Sometimes, however, it can feel lonely, too. You want others to know you more. And you don't want to be judged by the few moments they have seen you.

But that's just what happens every now and then. When people talk about you as though they know you but you know that they don't. When people cast you away because they think they have already measured your heart and soul.

It hurts even more when it comes from the people who are closest to you. Why couldn't they possibly understand? How could they say such things?

Ah, but that's just how it is. No person could ever know you as well as you know yourself. And you could never know yourself as much as God knows you.

We were not meant to always be alone and misunderstood.

There is One who sees us, One who knows us. He looks at us and loves us for who we truly are. And one day, if you do not lose faith, you also will know how He sees you. He will give you a new name, and you will understand just how much you are known and loved.

“Even among the sisters you will feel lonely. Know then that I want you to unite yourself more closely to Me. I am concerned about every beat of your heart. Every stirring of your love is reflected in My Heart. I thirst for your love. ‘Yes, O Jesus, but my heart would not be able to live without You, either; for even if the hearts of all creatures were offered to me, they would not satisfy the depths of my heart.’” —
Divine Mercy In My Soul, 1542

“To him who overcomes, to him I will give of the hidden manna, and I will give him a white stone, and on the stone a new name written which no one knows but he who receives it.” —Revelation 2:17, WEBBE

No One Like You

“Your place in heaven will seem to be made for you and you alone, because you were made for it - made for it stitch by stitch as a glove is made for a hand.” - C.S. Lewis

No person can ever be replaced. Not even the smartest nor the most beautiful person in the world can ever match the essence of who you are. You are here because God willed you to be, because no one in the whole universe can ever substitute for the likes of you!

And that is why each day that you are in this world is a treasure. For none can ever put back the hours that you walked upon this life.

You may have failed to notice it, for you thought all that you ever did were simple things. Nothing extraordinary, it seemed.

Yet how could the days you spend not be special? How could each breath you take not be more precious than gold?

This present time that you are here is that special time when people can see you dance, can hear laugh, can watch you walk, can listen to what's going on within your beautiful soul.

No one else is just like you. Be who you really are!

"Before I formed you in the belly, I knew you. Before you came forth out of the womb, I sanctified you." - Jeremiah 1, WEB

You Are Special

We all want to be special in one way or another. It is not enough that we are taken care of, we must be seen. It is not enough that we are loved, we must be known and loved for who we really are.

In our desire to be special, however, we try to imitate those who are well admired. We do all we can to be just like them, and along the way, we forget our own uniqueness and beauty.

God has given to each one a special beauty that only he or she can exude. We need not be dismayed that we are not like the ones people praise. In order to shine, we should only be true to who we really are.

We learn to love each other when we begin to realize how truly unique and wonderful we are. Like seashells along the shore, no one is entirely alike, each is crafted with an imprint of God's hand, each one different and special, each one valuable and loved!

Where I Fit In

I can't help it at times, if I trip when I walk

Or I sing some notes out of tune.
I am not like ones you've seen
on movie scenes –
Lovely, witty and sweet.
I am not the shy underdog
with a heart of gold,
or that daring adventurous girl
full of charm.
I fall short trying to fit in,
where I cannot fit in,
trying to be beautiful,
trying to be good.

I look at me
and I cannot see
what He sees,
how someone could love
the likes of me.
But as I look into His eyes
all I know
is that I am loved,
every bit of me – loved.

And I fall for Him,
fearfully yet joyfully,
I fall...
I let myself surrender all –
my hurts, my doubts,
my anger, my insecurities.
And they all vanish
at the sight of Him.

I am moved,
I am thrilled,
I am healed,
every bit of me –
accepted and made whole.

Without even trying to,
He changes me.

Into His own likeness,
He fashions me.
And I sink deeper
into His affections,
where I lose myself
without truly being lost,
where I discover another me,
the one I've always
been meant to be!

And it doesn't matter anymore
that I could never fit in
anywhere else,
for there I've found my place,
for there I've found myself,
the one He sees,
the one He truly loves!

“Don't be afraid, for I have redeemed you. I have called you by your name. You are mine.” - Isaiah 43, WEBBE

The Joys of Our Heavenly Home

This life is not yet our true home. We must always look forward to heaven, our ultimate goal and reward. It is only there where our hearts can find its true happiness and rest because it is only there where we can see God face to face!

Heaven is coming to your true home

“In my Father’s house are many homes. If it weren’t so, I would have told you. I am going to prepare a place for you.” — John 14:2, WEB

“Thou hast made us for thyself, O Lord, and our heart is restless until it finds its rest in thee.”— St. Augustine

Home. There is no place quite like it. While some of us are blessed to have it — at least in our memory — many are still struggling to find it. And behind all our strivings, all our efforts and wanderings, there is a secret hope that one day, someday, we’ll finally make it there.

For where is that place where we might finally be at peace? Where is that place where we can finally feel that we belong? How could we find it when we sought other things that cannot take its place? We chased other dwellings wherein we might rest, but we have found no rest.

God is our home, our true home. In Him, we know we are loved. We are not lost anymore, we are found.

1 I saw a new heaven and a new earth: for the first heaven and the first earth have

passed away, and the sea is no more. 2 I saw the holy city, New Jerusalem, coming down out of heaven from God, prepared like a bride adorned for her husband. 3 I heard a loud voice out of heaven saying, “Behold, God’s dwelling is with people, and he will dwell with them, and they will be his people, and God himself will be with them as their God. 4 He will wipe away every tear from their eyes. Death will be no more; neither will there be mourning, nor crying, nor pain, any more. The first things have passed away.”

5 He who sits on the throne said, “Behold, I am making all things new.”

-Revelation 21:1-5, WEBBE

God fills my heart with gratitude as He shows me how my place in heaven is especially and uniquely made for me. That is something I could really look forward to in joy!

“The settled happiness and security which we all desire, God withholds from us by the very nature of the world: but joy, pleasure, and merriment, He has scattered broadcast. We are never safe, but we have plenty of fun, and some ecstasy. It is not hard to see why. The security we crave would teach us to rest our hearts in this world and oppose an obstacles to our return to God: a few moments of happy love, a landscape, a symphony, a merry meeting with our friends, a bathe or a football match, have no such tendency. Our Father refreshes us on the journey with some pleasant inns, but will not encourage us to mistake them for home.” — C.S. Lewis

“I wanted to be happy and searched for happiness everywhere. I dreamed of being very rich, but I saw that over night rich people can become poor. And even if at times it doesn’t happen, one sees that on the one hand riches abound, and on the other hand, people are overwhelmed by poverty of affection and unity. I’ve thought of happiness in the affection of a perfect young man, but the very idea that some day he might love me with less enthusiasm or that he could die, leaving me alone in the struggles of life, makes me reject the idea that by marrying I’ll be happy. No. This doesn’t satisfy me.

For me, happiness is not found there. Where, then, I ask myself, is it to be found? Then I understood that I hadn't been born for earthly things but for eternal ones. Why go on denying this fact any longer? Only in God has my heart found its rest. With God my soul found itself fully satisfied, so that I desire nothing in this world but to belong to Him completely.”

— St. Teresa of Jesus of the Andes

Excerpt from Thomas Kempis, *The Imitation of Christ*:

I know your desire, and I have often heard your sighs. You would be glad to be already in the liberty of the glory of the children of God. You would be pleased to be now at your eternal home, and in your heavenly country filled with joy. But that hour is not yet come: for there is yet another time, a time of war, a time of labour and of probation.

For, in regard to that little of your will which you now willingly forsake, you shall forever have your will in Heaven. For there you shall find all that you will, all that you can desire. There you shall enjoy the possession of every good without fear of losing it... There no one shall resist you, no one shall complain of you, none shall obstruct you, nothing shall stand in your way: but every good that you desire shall be present at the same time, and shall replenish all your affections, and fully satiate them.

A Glorious Resurrected Body

“When you describe the elect in Heaven as being subtle, immortal, impassible and clothed in a sweet light or, rather, in a divine glory which dwells in them and penetrates them more subtly than the sun penetrates the purest crystal, you are not being deceived by some illusion. Heaven is that, too; it is our subtleties, our lights and our glory, but infinitely more than these.” - Fr. Charles Arminjon, *The End of This Present World and the Mysteries of the Life to Come*

“...the bodies of the redeemed are resplendent with light, and the more Saintly their life on earth has been, the more brilliantly do they shine in Heaven.”- Fr. Martin Von Cochem, The Four Last Things

“In these glorified and radiant bodies the blessed will be so inexpressibly beautiful, that if a mortal man were now to behold one of these resplendent beings, he would be dazzled by its brilliance and be ready to expire for joy of heart.” - Fr. Martin Von Cochem, The Four Last Things

"The Saints stand around my Son like countless stars, whose glory is not to be compared with any temporal light. Believe me, if the Saints could be seen shining with the glory they now possess, no human eye could endure their light all would turn away, dazzled and blinded." - Blessed Virgin Mary to St. Bridget

“Think what happiness it will be for thee, when thy body shines like the sun at midday. Everything that lives and moves rejoices in the light and warmth of the sun: it gladdens all the face of nature. In like manner thy body will be a joy and delight to thyself and all around thee in Heaven, because of its beauty and its glory.

The second attribute is impassibility, for the glorified body is incapable of suffering. It will never be sick or infirm, it will not grow old or unsightly. It will never again be inconvenienced by hunger or thirst, by heat or cold, by draught or dampness. It can nevermore be burned by fire, drowned in water, wounded by the sword or crushed beneath a weight; it will be immortal, unchangeable, eternally endowed with perfect health and unfailing strength...

The third attribute is agility. The glorified body will be able to traverse the greatest distance with the speed of thought. In one moment it can come down from Heaven to earth; in one moment it can pass from one end of the Heavens to the other, without labour, without fatigue, without difficulty. We often wish that we could fly like the birds, that we could speed on our way like clouds on the wings of the wind, that we could follow thought in its rapid flight...

The fourth attribute of the glorified body is subtlety, which consists in the faculty of penetrating all matter, of passing in and out wheresoever it will. No wall is so thick, no iron gate so massive, no mountain so great as to form an obstacle to the glorified body. As the sun's rays pass through glass, so the bodies of the redeemed as they are in Heaven, penetrate all matter, however dense and solid it may be. They can also make themselves visible or invisible at will...

In fact, what can be wanting to the glorified body in Heaven? It is in the enjoyment of perpetual health, perpetual rest, perpetual happiness, so that in the superabundance of joy and satisfaction it can scarce realize how enviable is its condition.”

- Fr. Martin Von Cochem, *The Four Last Things*

“The joy and happiness of the soul in heaven will be increased by reunion with the glorified body of whose nature and characteristics St. Paul gives us some idea. He compares it to the plant that springs from the seed. And, as the plant is but a germination and development of the seed, so the risen body is not a different body from the one we have on earth, but the same, glorified and spiritualized. The qualities of the plant depend on the nature of the seed that is sown, so, too, will the new qualities of the body in heaven depend on the good works done in the flesh.

We shall arise, then, in the same bodies we possess on earth, but they will be so changed and transfigured as to be unrecognizable. Who could recognize the acorn in the oak, the grub in the butterfly? And yet the one is but the development of the other. The Apostle tells us the body ‘is sown in corruption, it shall rise in incorruption.’ It is sown or planted in the grave when corrupted in death; and all through life the body tends in a way toward corruption. There is a constant disintegration going on in it, a steady sapping of its vitality, which require a perennial renewal of strength and force. It is ever subject to hunger and thirst and sickness. But in heaven it will have the gifts of impassibility and immortality. No more will death like a gaunt spectre threaten it with extinction; no more shall there be hunger, thirst, or suffering from heat and cold. The exhausting struggle of life will be done, the conflict with penury and want, with sickness and labor will be over, as well as the tense watch and guard against our enemies. They will have disappeared and with them fear and the sound of alarums. Peace and tranquillity will be our portion, and existence will be one long holiday without care or anxiety. We shall be forever happy children of a loving and all-powerful Father.”

- Fr. Francis Cassilly, *A Story of Love*

“Power and strength will be characteristics of the risen body. Its senses and members will be quick and vigorous, ready to respond to the impulse and behest of the soul. It will be endowed with celerity of motion, enabling it to transport itself with the speed of thought from place to place and to penetrate solid objects at will. Christ “will reform the body of our lowliness” and make it like to His glorified body. There will be a new heaven and a new earth, according to St. John and St. Peter, and so our bodies

will be remade, reformed, to suit the new manner of existence. We shall not be bound to the laws of space and gravity, since St. Thomas tells us that a corporeal place or habitation will not be necessary for our happiness, though we shall have it as an accidental adjunct and an additional pleasure of glory.” - Fr. Francis Cassilly, A Story of Love

A State of Enhanced Understanding and Memory

“With the understanding the blessed will behold all created things in the light of God, and thoroughly penetrate the secrets of nature...as far as their memory is concerned, the blessed will also find fullness of joy in Heaven, for it will, like the understanding, be enlightened by God; and all the events of their past life will be as fresh and as distinct to their remembrance as if they beheld them inscribed on tablets before their eyes. Then they perceive by what a marvellous way God led them to their eternal goal, how mercifully He pardoned their transgressions, how He succoured them in the hour of temptation, and how He made all things work together for their good.”- Fr. Martin Von Cochem, The Four Last Things

A State of Utmost Happiness

“Lastly, when you compare the future bliss to the sweetest and most intoxicating transports of the soul, to a joy ever new, freed from all disquiet and passion and maintaining its intensity and strength through all eternity, you do not feed us with false hopes; for Heaven is our transports and all our joys, but raised beyond all calculation, expression and comparison.” - Fr. Charles Arminjon, The End of This Present World and the Mysteries of the Life to Come

"There, shines a light which no place can contain, there resound praises and song which are unlimited in duration. There are fragrances which the air does not blow away, savours that never fade, goods and sweet joys unaccompanied by any distaste or surfeit. There, God is Contemplated continuously, is known without any error of apprehension, and praised without weariness or diminution." - St. Augustine

“God is a being in whom all that is most admirable and desirable exists in the highest degree. In Him is all that most attracts and fascinates us; clemency, beauty, justice, compassion, wisdom, majesty, every sweet and sublime attribute in its fullest perfection. From God proceeds all grace, all that we need for our spiritual and temporal welfare, all the happiness, the joy, the repose, the consolation, all the

benefits and blessings which His creatures enjoy in Heaven and on earth. And when the redeemed enter upon the contemplation of this infinite Good, upon the possession of this source of all that is to be loved and admired and longed for, their joy will indeed be full.” - Fr. Martin Von Cochem, *The Four Last Things*

A Joy Beyond Our Imagination

“The eye of man has not seen, nor the ear heard, anything comparable or close to it. The reason is that the good things which God prepares for us surpass all that our senses can perceive, all that our experience is capable of acquiring, all the thoughts of our minds and the desires that will ever arise in our hearts.”- Fr. Charles Arminjon, *The End of This Present World and the Mysteries of the Life to Come*

"Never has man seen the inaccessible light, never has his ear heard the inexhaustible symphonies, nor his heart tasted that incomprehensible peace." - St. Bernard

“The transports which the divine vision will arouse in the elect will make their hearts super-abound in the most unutterable joys; it will be a flood of delights and raptures, life in it inexhaustible richness and the very source of all good and all life.” - Fr. Charles Arminjon, *The End of This Present World and the Mysteries of the Life to Come*

“When we come to consider the magnificent reward that God has prepared for those who love Him, imagination fails, for no matter how great our anticipations may be they will always fall short of the reality. In our present life seldom do anticipated joys respond fully to expectation. Some unforeseen obstacle prevents our full enjoyment; and even should we attain the object of our heart’s desire we soon tire of it, so that what beforehand we deemed worthy of attainment, seems in the event hardly worth the effort it cost. The opposite, however, is true in regard to the joys of the after life. Paint we them in colors never so glorious, the pictured prospect will be more than realized, since eye hath not seen, nor ear heard, nor hath it entered into the heart of man to conceive what God has prepared for those who love him.”- Fr. Francis Cassilly, *A Story of Love*

A Vision of God Himself

“Every soul free from sin is immediately admitted to Heaven and sees God in His Trinity, as He is, according to the degree of his merit, one in a more perfect another

in a less perfect manner." Council of Florence

“Man will see God face to face; but how will this vision take place? It is of faith that we shall not see Him by representation, by an image formed in our minds. It is also of faith that we shall not rise to the knowledge of Him by the aid of reasoning, or by way of demonstration, in the manner whereby we apprehend universal and abstract truths in this world. It is likewise certain that we shall not see Him partially and dimly like distant objects, of which we cannot discern all the features, but which we see only imperfectly and on certain sides. God will not be seen in this way. He is a single being, not made of parts. He is in the blade of grass and in the atom integrally. When we say that He is present in every sphere and in all places, our mind leads us astray: God is not in any place, but all spheres and places are in Him. He does not live in any time, but His eternity consists of an indivisible instant, in which all time is contained. So we shall see Him as He is in His simplicity, in His threefold personality and in the same way as we see the face of a man in this world.”- Fr. Charles Arminjon, *The End of This Present World and the Mysteries of the Life to Come*

“This vision will operate by an immediate impression of the divine essence in the souls with the aid of a supernatural light called the light of glory. Suarez defines it thus: "A created quality and a supernatural, intellectual capacity, infused into the soul, which will give it the aptitude and the power to see God." This light of glory will transform man, says St. Dionysius; it will deify him by imprinting in him the seal and likeness of celestial beauty, and make him the image of the Father; it will expand and augment the soul's capacity for knowledge to such an extent that it will become able to apprehend immense and boundless good. Just as, by means of the light of the sun, the eye can see the variety of tangible things and, so to speak, comprehend the whole extent of the universe; just as, aided by the light of reason, it knows the reason for its own existence, and the intellectual truths; so, immersed in the light of glory, it will have infinity as its domain, and, in a sense, will comprehend God Himself.” - Fr. Charles Arminjon, *The End of This Present World and the Mysteries of the Life to Come*

“The great, essential joy of heaven will be the Vision wherein we shall see God face to face, shall know even as we are known, and love as we are loved. Even in this world the greatest pleasure comes from the exercise of our faculties of knowing and loving. To know and understand, this has been the pursuit of sage and philosopher from the dawn of history, and in it they have forgotten all other ...things, they have neglected food and sleep and health. They have sacrificed all on the altar of knowledge. To love and strive for the object of desire is a natural beatitude. But God is infinite perfection, and the knowledge we shall have of Him is direct, face to face,

the most intimate possible to creature; and love in heaven is not merely that of desire, but of fruition, derived from the possession of Him. We love and are loved, we possess and are possessed, we enjoy and are enjoyed, we are united to God, according to the expression of some of the Fathers, as heat to the molten iron, we are lost, dissolved in Him as two pieces of wax fused together.”- Fr. Francis Cassilly, A Story of Love

Infinite Happiness and Eternal Good

“There will forever be new perfections, which they will seek to gain; forever purer and more intoxicating delights which they will aspire to taste. They will go from glory to glory, joy to joy; for, as St. Gregory of Nyssa says, "The infinite Good has no limits, the desire which He arouses is immeasurable.”- Fr. Charles Arminjon, The End of This Present World and the Mysteries of the Life to Come

“These are some of the ineffable delights that God has prepared for those who love and serve him. Every morning on earth is, as it were, a new creation of loveliness, a call to new life, energy and activity; and heaven will be but one long day of happiness with a dawn but no setting ; each moment of it bringing new pleasures, a renewal of intensest action, a further plunging and immersing into the infinite perfections of God, a deeper and more perfect appropriation and appreciation of Him and the wondrous works of His hands.” - Fr. Francis Cassilly, A Story of Love

“Witness the illimitable expanse of ocean and its unfathomable depths, the unexplored reach of space, sown with suns unnumbered, the almost infinite variety and fecundity of plant and animal life. Who will count the light vibrations of a single candle, or the avalanche of seeds that fall from a maple tree, not one of which perhaps is destined to germinate? And if the hand of Providence is so profuse, almost wasteful, in its gifts to us in exile, what will be its munificence in the place of reward? If the seed-time be so abounding, what will the harvest be? In this life God must put a constant check and restraint on His liberality, lest He overwhelm us with His beneficence, and make this orb so entrancing that we may forget the Giver in the splendor of His gifts. This world, all in all, is but a presage of the next, and so the Divine munificence displayed in it is at most but an earnest of what we may expect. The untold riches and delights that He has packed away for us into every moment of the endless age to come, are far and away beyond all we can surmise or anticipate. If the antechamber in which we are, says one of the Fathers, is so magnificent, what will the royal throne room be; if the floor of heaven so glistens with its patterns of light, what must the superstructure be?”- Fr. Francis Cassilly, A Story of Love

A Place Where We Will Recognize Each Other and Remember Our Loved Ones

"Let us then hasten and run to see our fatherland, and greet our brethren, for we are awaited by a large number of people who are dear to us; we are desired by a multitude of relatives, brothers and children, who, assured henceforth of their immortality, are still solicitous for our salvation. Let us go to see them, let us go to embrace them... And what joy for all of us, for them and for me!" - St. Cyprian

"Your children are not lost, but remain safe and sound for you and as soon as you have reached the end of this temporal life you will see them again, full of joy and gladness." - St. Theodore of Studium

"You have sent a most worthy spouse before you, into the presence of God. What should you seek now? You should try to meet her again in Heaven, at the time desired by Providence... "Without doubt, in Heaven the spouses who have come from earth will themselves be like angels, and will never aspire to the delights of the senses. "...they will taste the ever-pure pleasures of the spirit, and, as they were one in flesh during their earthly exile, so in glory they will form one single heart and soul, in the delights of another union which will have no end." - St. Theodore of Studium

"In Heaven, we shall see and recognize one another; and we shall love one another...we shall find our friends spotless, and their features will be more radiant than the clearest sky; they will be endowed with a gracefulness and charm which will perforce attract our hearts for ever."- Fr. Charles Arminjon, *The End of This Present World and the Mysteries of the Life to Come*

"It is only in Heaven that we shall recognize the extent and the cost of the graces of every kind which our benefactors have showered upon us. Then the child will read all the treasures of grace, solicitude and tenderness enclosed in the heart of his mother. He will know that, next to God, it was the tears, prayers and sighs of that mother which brought about his salvation. 'O mother,' he will exclaim, 'I used to love you because you gave me an earthly life, and provided for my food and my childhood needs; now I love you a thousand times more tenderly, because of the eternal life which I have received, and without which the first would have been a fatal gift, a source of calamities and torture for me.' O new and happy Monicas, how great your triumphs and joys will be, when you see yourselves surrounded by a whole circle of

children whose glory you have secured after having brought them into existence! Then, Christian fathers, your sacrifices, courage and heroic constancy in strengthening your sons by profitable examples, and in rearing them by noble, laborious training, will no longer be unknown.”- Fr. Charles Arminjon, *The End of This Present World and the Mysteries of the Life to Come*

“O friend, the story will be told of your zeal, your pious artifices to detach a friend from vice and irreligion, and to catch unawares a soul, the object of your holy yearning, by means of innocuous allurements. Then we shall bless you, we shall rekindle the vividness of our memories with outpourings of love, we shall redeem - the debt of our hearts in eternal thanksgiving. Lastly, the love aroused in our hearts by the memory of favours received, or the congenial attraction of natural qualities, is usually sustained and renewed by familiarity and the mutual exchange of impressions and thoughts. How, then, shall I describe the ineffable intercourse in which the elect will open their hearts to one another, that fraternal, intimate conversation in which, at every moment, in their celestial language they will convey to each other the captivating emotions of their hearts.”- Fr. Charles Arminjon, *The End of This Present World and the Mysteries of the Life to Come*

“...the redeemed are united together by the bond of mutual charity, for they love one another more dearly than the most affectionate of brothers and sisters. If they have never met on earth, yet they know one another better than if they had been brought up together. Each one will know the incidents of his earthly career.

Each one will be able to see into the other's heart, and know how great is the affection he feels for him. Each one will rejoice in the other's glory as much as if it were his own; and the lowliest in the kingdom of Heaven exults as much in the glory of the highest as the latter can possibly do.”

- Fr. Martin Von Cochem, *The Four Last Things*

"Know that on account of the inexpressible charity that the blessed have towards one another, that each takes no less pleasure in the exaltation of another than if it were his own. Nay, more, he who is greater wishes that the lower were equal to him, and even more honoured than himself ; for in his triumph he, too, would triumph.

In like manner those who are in a lowly place rejoice in the glory of those who are in the highest place; they do not envy them, far from it. They would not desire the high position if the others had it not; they would rather give them a part of their own glory, were this possible."

- St. John the Baptist to St. Augustine (in a vision)

“Each one will also feel a particular affection for the Saint whom he chose as his patron upon earth, and whom he honoured with a special devotion; and this affection will be reciprocated by the object of it. Those who stood in this relation to one another will meet together more often; they will converse on holy subjects and mutually relate their experiences on earth, telling how marvellously the providence of God saved them from eternal perdition.”- Fr. Martin Von Cochem, *The Four Last Things*

“Friends, who loved each other in charity so intense that their existences were bound up one in the other, will not be severed, but will rejoice a hundredfold in each other’s beatitude and gifts. And we shall have not two or three friends, but each one of all the hosts of the blessed will be to us a brother or sister in whose beauty and perfection we shall rejoice as though they were our own.”- Fr. Francis Cassilly, *A Story of Love*

A Real Place Where We Can Dwell

“WE must not, as some do, picture to ourselves Heaven as a purely spiritual realm. For Heaven is a definite place, where not only God is, and the Angels now are, but where Christ is also in His sacred humanity, and Our Lady with her human body. There, too, all the blessed will dwell with their glorified bodies after the Last Judgment. If Heaven is a definite locality, it must accordingly be a visible, not a spiritual kingdom; for a place must in its nature be to some extent conformable to those who abide in it.”- Fr. Martin Von Cochem, *The Four Last Things*

“...after the Last Judgment the Saints will behold Heaven with their bodily eyes, and consequently it must be a visible kingdom. We are ignorant of what the material structure of Heaven will be composed, we only know that it will be something infinitely superior to and more costly than the matter of which the other spheres, the sun, the moon, and other heavenly bodies, are formed.”- Fr. Martin Von Cochem, *The Four Last Things*

“St. Augustine, St. Anselm, and many other Saints do not hesitate to maintain that there are in Heaven real trees, real fruits, and real flowers, indescribably attractive and delightful to the sight, taste, smell, and touch, different from anything we can imagine.”- Fr. Martin Von Cochem, *The Four Last Things*

A Place of Incomparable and Eternal Beauty

“For since God has created Heaven for Himself and for His elect, He has made it so beautiful and so glorious that the blessed will never tire of the contemplation of its splendours to all eternity.” - Fr. Martin Von Cochem, *The Four Last Things*

"The Blessed Mother of God gave me a jewel, and hung around my neck a superb golden chain, to which a cross of priceless value was attached. Both the gold and the precious stones thus given to me are so unlike those which we have here in this world that no comparison can be instituted between them. They are beautiful beyond anything that can be conceived, and the matter whereof they are composed is beyond our knowledge. For what we call gold and precious stones beside them appear dark and lustreless as charcoal." - St. Teresa

“Concerning the size of Heaven all we know is that it is immeasurable, inconceivable, incomprehensible. A learned Divine, speaking on this subject, says: ‘If God were to make every grain of sand into a new world, all these innumerable spheres would not fill the immensity of Heaven.’ St. Bernard also says that we are warranted in the belief that every one of the saved will have a place and an inheritance of no narrow limits assigned him in the celestial country.” - Fr. Martin Von Cochem, *The Four Last Things*

“If we may venture to speak of the interior of the celestial realm, we may assume that the vast, immeasurable space of Heaven does not only contain these heavenly cities, but much more besides, all of which enhances the delights of that blissful land. For as kings and princes on earth have gardens and pleasure grounds laid out beside their palaces, where they amuse themselves in the summer season, so, many theologians assert, there are heavenly paradises, that afford increased delight to the blessed.” - Fr. Martin Von Cochem, *The Four Last Things*

“In the revelations of the Saints, mention is made of the gardens in Heaven, and the flowers that blossom there; and we know it is recorded in the legend of St. Dorothea, that she sent to Theophilus by the hands of an Angel a basket of flowers culled in the gardens of the celestial paradise, of such surpassing beauty that the sight of them led him to become a Christian, and lay down his life for the faith of Christ. We also read in the life of St. Didacus, that on coming to himself after a trance into which he fell shortly before his death, he cried aloud: ‘O what flowers there are in Paradise! what

flowers there are in paradise!’ Similar incidents are frequently to be met with in the legends of the Saints.” - Fr. Martin Von Cochem, The Four Last Things

Quotes About Heaven

Visions of St. Faustina

" November 27, 1936. Today I was in heaven, in spirit, and I saw its unconceivable beauties and the happiness that awaits us after death. I saw how all creatures give ceaseless praise and glory to God. I saw how great is happiness in God, which spreads to all creatures, making them happy; and then all the glory and praise which springs from this happiness returns to its source; and they enter into the depths of God, contemplating the inner life of God, the Father, the Son, and the Holy Spirit, whom they will never comprehend or fathom. This source of happiness is unchanging in its essence, but it is always new, gushing forth happiness for all creatures. Now I understand Saint Paul, who said, "Eye has not seen, nor has ear heard, nor has it entered into the heart of man what God has prepared for those who love him." And God has given me to understand that there is but one thing that is of infinite value in His eyes, and that is love of God; love, love and once again, love; and nothing can compare with a single act of pure love of God. Oh, with what inconceivable favors God gifts a soul that loves Him sincerely! Oh, how happy is the soul who already here on earth enjoys His special favors! And of such are the little and humble souls. The sight of this great majesty of God, which I came to understand more profoundly and which is worshipped by the heavenly spirits according to their degree of grace and the hierarchies into which they are divided, did not cause my soul to be stricken with terror or fear; no, no, not at all! My soul was filled with peace and love, and the more I come to know the greatness of God, the more joyful I become that He is as He is. And I rejoice immensely in His greatness and am delighted that I am so little because, since I am little, He carries me in His arms and holds me close to His Heart. O my God, how I pity those people who do not believe in eternal life; how I pray for them that a ray of mercy would envelop them too, and that God would clasp them to His fatherly bosom... "

(Diary 777).

"...I saw two roads. One was broad, covered with sand and flowers, full of joy, music and all sorts of pleasures. People walked along it, dancing and enjoying themselves. They reached the end without realizing it. And at the end of the road there was a horrible precipice; that is, the abyss of hell. The souls fell blindly into it; as they walked, so they fell. And their number was so great that it was impossible to count them. And I saw the other road, or rather, a path, for it was narrow and strewn with thorns and rocks; and the people who walked along it had tears in their eyes, and all kinds of suffering befell them. Some fell down upon the rocks, but stood up immediately and went on. At the end of the road there was a magnificent garden filled with all sorts of happiness and all these souls entered there. At the very first instant they forgot all their sufferings" (Diary 153).

Visions of Blessed Catherine Emmerich

I beheld a bright and beautiful space opposite to Limbo; it was enamelled with flowers, delicious breezes wafted through it; and many souls were placed there before being admitted into Heaven after their deliverance from Purgatory. Limbo, the place where the souls were waiting for the Redemption, was divided into different compartments, and encompassed by a thick foggy atmosphere. Our Lord appeared radiant with light and surrounded by angels, who conducted him triumphantly between two of these compartments; the one on the left containing the patriarchs who lived before the time of Abraham, and that on the right those who lived between the days of Abraham and St. John Baptist. These souls did not at first recognise Jesus, but were filled nevertheless with sensations of joy and hope. There was not a spot in those narrow confines which did not, as it were, dilate with feelings of happiness. The passage of Jesus might be compared to the wafting of a breath of air, to a sudden flash of light, or to a shower of vivifying dew, but it was swift as a whirlwind. After passing through the two compartments, he reached a dark spot in which Adam and Eve were standing; he spoke to them, they prostrated and adored him in a perfect ecstasy of joy, and they immediately joined the band of angels, and accompanied our Lord to the compartment on the left, which contained the patriarchs who lived before Abraham...

The form under which the Heavenly Jerusalem is generally represented in my visions is that of a beautiful and well-regulated city, and the different degrees of glory to which the elect are raised are demonstrated by the magnificence of their palaces, or the wonderful fruit and flowers with which the gardens are embellished... In the Heavenly Jerusalem all is peace and eternal harmony, the beginning, fulfilment, and end of everything being pure and perfect happiness; the city is filled with splendid buildings, decorated in such a manner as to charm every eye and enrapture every sense; the inhabitants of this delightful abode are overflowing with rapture and exultation, the gardens gay with lovely flowers, and the trees covered with delicious fruits which give eternal life... In Heaven you behold the happiness and peaceful union of the saints.

Excerpt from the Book of Enoch:

The Seven Mountains in the North-West and the Tree of Life.

'This high mountain which thou hast seen, whose summit is like the throne of God, is His throne, where the Holy Great One, the Lord of Glory, the Eternal King, will sit, when He shall come down to visit the earth with goodness. And as for this fragrant tree no mortal is permitted to touch it till the great judgement, when He shall take vengeance on all and bring (everything) to its consummation for ever. It shall then be given to the righteous and holy. Its fruit shall be for food to the elect: it shall be transplanted to the holy place, to the temple of the Lord, the Eternal King.

Then shall they rejoice with joy and be glad,

And into the holy place shall they enter;

And its fragrance shall be in their bones,

And they shall live a long life on earth,

Such as thy fathers lived:
And in their days shall no sorrow or plague
Or torment or calamity touch them.'

Quotes from C.S. Lewis:

“We do not want merely to see beauty, though, God knows, even that is bounty enough. We want something else which can hardly be put into words — to be united with the beauty we see, to pass into it, to receive it into ourselves, to bathe in it, to become part of it. That is why we have peopled air and earth and water with gods and goddesses and nymphs and elves — that, though we cannot, yet these projections can, enjoy in themselves that beauty, grace, and power of which Nature is the image. That is why the poets tell us such lovely falsehoods. They talk as if the west wind could really sweep into a human soul; but it can't. They tell us that "beauty born of murmuring sound" will pass into human face; but it won't. Or not yet.

“For if we take the imagery of Scripture seriously, if we believe that God will one day give us the Morning Star and cause us to put on the splendour of the sun, then we may surmise that both the ancient myths and the modern poetry, so false as history, may be very near the truth as prophecy. At present we are on the outside of the world, the wrong side of the door. We discern the freshness and purity of morning, but they do not make us fresh and pure. We cannot mingle with the splendours we see. But all the leaves of the New Testament are rustling with the rumour that it will not always be so. Some day, God willing, we shall get in.”

The Chronicles of Narnia, The Last Battle

“Listen, Peter. When Aslan said you could never go back to Narnia, he meant the Narnia you were thinking of. But that was not the real Narnia. That had a beginning

and an end. It was only a shadow or a copy of the real Narnia which has always been here and always will be here...”

...

“I have come home at last! This is my real country! I belong here. This is the land I have been looking for all my life, though I never knew it till now. The reason why we loved the old Narnia is that it sometimes looked a little like this. Bree-hee-hee! Come further up, come further in!”

...

“The term is over: the holidays have begun. The dream is ended: this is the morning.”

And as He spoke He no longer looked to them like a lion; but the things that began to happen after that were so great and beautiful that I cannot write them. And for us this is the end of all the stories, and we can most truly say that they all lived happily ever after. But for them it was only the beginning of the real story. All their life in this world and all their adventures in Narnia had only been the cover and the title page: now at last they were beginning Chapter One of the Great Story which no one on earth has read: which goes on forever: in which every chapter is better than the one before.

Excerpt from J.R.R. Tolkien's Lord of the Rings:

Frodo stood awhile still lost in wonder. It seemed to him that he had stepped through a high window that looked on a vanished world. A light was upon it for which his language had no name. All that he saw was shapely, but the shapes seemed at once clear cut, as if they had been first conceived and drawn at the uncovering of his eyes, and ancient as if they had endured for ever. He saw no colour but those he knew, gold and white and blue and green, but they were fresh and poignant, as if he had at that moment first perceived them and made for them names new and wonderful. In winter here no heart could mourn for summer or for spring. No blemish or sickness or deformity could be seen in anything that grew upon the earth. On the land of Lórien

there was no stain.

Quotes from St. Alphonsus:

“in Paradise, death and the fear of death are no more: in that place of bliss, there are no sorrows, no infirmities, no poverty, no inconveniences, no vicissitudes of day or night, of cold or of heat. In that kingdom, there is continual day, always serene, a continual spring, always blooming. In Paradise there are no persecutions, no envy; for all love each other with tenderness, and each rejoices at the happiness of others, as if it were his own. There is no more fear of eternal perdition; for the soul confirmed in grace, can neither sin nor lose God.”

...

“there, everything is new; new beauties, new delights, new joys. There, all our desires shall be satisfied.”

...

“But the delights of which we have spoken are the least of the blessings of Paradise. The glory of heaven consists in seeing and loving God face-to-face...Here below, God is hidden from our view; we can see him only with the eyes of faith: how great shall be our happiness when the veil shall be raised, and we shall be permitted to behold God face-to-face! We shall then see his beauty, his greatness, his perfection, his amiableness, and his immense love for our souls...the fear of not loving God, and of not being loved by him, is the greatest affliction which souls that love God endure on this earth; but, in heaven, the soul is certain that she loves God, and that he loves her; she sees that the Lord embraces her with infinite love, and that this love shall not be dissolved for all eternity. The knowledge of the love which Jesus Christ has shown her in offering himself in sacrifice for her on the cross, and in making himself her food in the sacrament of the altar, shall increase the ardor of her love. She shall also see clearly all the graces which God has bestowed upon her, all the helps which he has given her, to preserve her from falling into sin, and to draw her to his love.

She shall see that all the tribulations, the poverty, infirmities, and persecutions, which she regards as misfortunes, have all proceeded from love, and have been the means employed by divine providence to bring her to glory. She shall see all the lights, loving calls, and mercies which God had granted to her after she had insulted him by her sins...to gain heaven, it would be but little to endure all the pains of this life...Rejoice then; for all these pains, sorrows, and persecutions shall, if we are saved, be to us a source of never-ending joys and delights.”

Quotes from St. Teresa of Avila

Rouse yourselves, my sisters, and since some foretaste of heaven may be had on earth, beg our Lord to give us grace not to miss it through our own fault. Ask Him to show us where to find it—ask Him to give us strength of soul to dig until we find this hidden treasure, which lies buried within our hearts, as I wish to show you if it please God to enable me. I said 'strength of soul 'that you might understand that strength of body is not indispensable when our Lord God chooses to withhold it. He makes it impossible for no one to gain these riches. - The Mansions

“Let nothing disturb you,
Let nothing frighten you,
All things are passing away:
God never changes.
Patience obtains all things.
Whoever has God lacks nothing;
God alone suffices.”

Oh, that I could clearly explain to your Lordship the peace and quiet my soul has found! for it has so great a certainty of the fruition of God, that it seems to be as if

already in possession, though the joy is withheld. I am as one to whom another has granted by deed a large revenue, into the enjoyment and use of which he is to come at a certain time, but until then has nothing but the right already given him to the revenue. In gratitude for this, my soul would abstain from the joy of it, because it has not deserved it; it wishes only to serve Him, even if in great suffering, and at times it thinks it would be very little if, till the end of the world, it had to serve Him who has given it this right; for, in truth, it is in some measure no longer subject, as before, to the miseries of this world; though it suffers more, it seems as if only the habit were struck, for my soul is, as it were, in a fortress with authority, and accordingly does not lose its peace. - The Life of St. Teresa of Jesus

Quotes from Julian of Norwich

And ever the more clearly that the soul seeth this Blissful Cheer by grace of loving, the more it longeth to see it in fulness. For notwithstanding that our Lord God dwelleth in us and is here with us, and albeit He claspeth us and encloseth us for tender love that He may never leave us, and is more near to us than tongue can tell or heart can think, yet may we never stint of moaning nor of weeping nor of longing till when we see Him clearly in His Blissful Countenance. For in that precious blissful sight there may no woe abide, nor any weal fail... Thus is that Blissful Sight [the] end of all manner of pain to the loving soul, and the fulfilling of all manner of joy and bliss. - Revelations of Divine Love

See! I am God: see! I am in all thing: see! I do all thing: see! I lift never mine hands off my works, nor ever shall, without end: see! I lead all thing to the end I ordained it to from without beginning, by the same Might, Wisdom and Love whereby I made it. How should any thing be amiss? - Revelations of Divine Love

ONE time our good Lord said: All thing shall be well; and another time he said: Thou shalt see thyself that all MANNER [of] thing shall be well; and in these two [sayings]

the soul took sundry understandings. One was that He willeth we know that not only He taketh heed to noble things and to great, but also to little and to small, to low and to simple, to one and to other. And so meaneth He in that He saith: ALL MANNER OF THINGS shall be well. For He willeth we know that the least thing shall not be forgotten. Another understanding is this, that there be deeds evil done in our sight, and so great harms taken, that it seemeth to us that it were impossible that ever it should come to good end. And upon this we look, sorrowing and mourning therefor, so that we cannot resign us unto the blissful beholding of God as we should do. And the cause of this is that the use of our reason is now so blind, so low, and so simple, that we cannot know that high marvellous Wisdom, the Might and the Goodness of the blissful Trinity. And thus signifieth He when He saith: THOU SHALT SEE THYSELF if all manner of things shall be well. As if He said: Take now heed faithfully and trustingly, and at the last end thou shalt verily see it in fulness of joy. And thus in these same five words aforesaid: I may make all things well, etc., I understand a mighty comfort of all the works of our Lord God that are yet to come. There is a Deed the which the blessed Trinity shall do in the last Day, as to my sight, and when the Deed shall be, and how it shall be done, is unknown of all creatures that are beneath Christ, and shall be till when it is done... This is that Great Deed ordained of our Lord God from without beginning, treasured and hid in His blessed breast, only known to Himself: by which He shall make all things well. For like as the blissful Trinity made all things of nought, right so the same blessed Trinity shall make well all that is not well.- Revelations of Divine Love

"That which is impossible to thee is not impossible to me: I shall save my word in all things and I shall make all things well." Thus I was taught, by the grace of God, that I should steadfastly hold me in the Faith as I had aforehand understood... For this is the Great Deed that our Lord shall do, in which Deed He shall save His word and He shall make all well that is not well. - Revelations of Divine Love

Other Quotes About Heaven

“To love is to receive a glimpse of heaven.” - Karen Sunde

“Knowing heaven is what heals us on earth.”

-Mitch Albom, *The First Phone Call from Heaven*

“In sorrow we must go, but not in despair. Behold! we are not bound for ever to the circles of the world, and beyond them is more than memory.”-J.R.R. Tolkien

“I am not sure exactly what heaven will be like, but I don’t know that when we die and it comes time for God to judge us, he will NOT ask, How many good things have you done in your life?, rather he will ask, How much LOVE did you put into what you did?” – Mother Teresa

“Each prayer is more beautiful than the others. I cannot recite them all and not knowing which to choose, I do like children who do not know how to read, I say very simply to God what I wish to say, without composing beautiful sentences, and He always understands me. For me, prayer is an aspiration of the heart, it is a simple glance directed to heaven, it is something great, supernatural, which expands my soul and unites me to Jesus.” – Therese of Lisieux

“One who has hope lives differently.”

— Pope Benedict XVI

“We are born into eternity, and we shall never die.”

- Chiara Corbella Petrillo, *A Witness to Joy*

“The fact that Jesus Christ is in Heaven tells you that you are a child of God. What

Satan does not let you see is eternity, which comes after. He obscures your view, so that you see solely this world; he does not speak to you of God but of a half god. He has deceived you.” - Chiara Corbella Petrillo, A Witness to Joy

“For the little I have understood during these years, I can tell you only that Love is the center of our life. Because we are born from an act of love, we live in order to love and in order to be loved, and we die in order to know the true love of God. The goal of our life is to love and to be always ready to learn how to love others as only God is able to teach you. Love consumes you, but it is beautiful to die consumed precisely as a candle that goes out only after it reaches its goal. Whatever you do will have sense only if you see it in terms of eternal life.” - Chiara Corbella Petrillo, A Witness to Joy

The Cherubim were placed at the gate of the earthly paradise with their flaming sword, to teach us that no one shall enter into the heavenly paradise who is not pierced through with the sword of love. - Treatise on the Love of God

Bible Verses About Heaven

1 I saw a new heaven and a new earth: for the first heaven and the first earth have passed away, and the sea is no more. 2 I saw the holy city, New Jerusalem, coming down out of heaven from God, prepared like a bride adorned for her husband. 3 I heard a loud voice out of heaven saying, "Behold, God's dwelling is with people, and he will dwell with them, and they will be his people, and God himself will be with them as their God. 4 He will wipe away every tear from their eyes. Death will be no more; neither will there be mourning, nor crying, nor pain, any more. The first things have passed away."

5 He who sits on the throne said, "Behold, I am making all things new."

-Revelation 21:1-5, WEBBE

1 He showed me a* river of water of life, clear as crystal, proceeding out of the throne of God and of the Lamb, 2 in the middle of its street. On this side of the river and on that was the tree of life, bearing twelve kinds of fruits, yielding its fruit every month. The leaves of the tree were for the healing of the nations. 3 There will be no curse any more. The throne of God and of the Lamb will be in it, and his servants will serve him. 4 They will see his face, and his name will be on their foreheads. 5 There will be no night, and they need no lamp light or sun light; for the Lord God will illuminate them. They will reign forever and ever.

-Revelation 22:1-5, WEBBE

1 "Don't let your heart be troubled. Believe in God. Believe also in me. 2 In my Father's house are many homes. If it weren't so, I would have told you. I am going to prepare a place for you. 3 If I go and prepare a place for you, I will come again, and will receive you to myself; that where I am, you may be there also. 4 You know where I go, and you know the way."

5 Thomas said to him, “Lord, we don’t know where you are going. How can we know the way?”

6 Jesus said to him, “I am the way, the truth, and the life. No one comes to the Father, except through me. 7 If you had known me, you would have known my Father also. From now on, you know him, and have seen him.”

-John 14:1-7, WEBBE

1 If then you were raised together with Christ, seek the things that are above, where Christ is, seated on the right hand of God. 2 Set your mind on the things that are above, not on the things that are on the earth. 3 For you died, and your life is hidden with Christ in God. 4 When Christ, our life, is revealed, then you will also be revealed with him in glory. - **Colossians 3:1-4, WEBBE**

9 After these things I looked, and behold, a great multitude, which no man could count, out of every nation and of all tribes, peoples, and languages, standing before the throne and before the Lamb, dressed in white robes, with palm branches in their hands. 10 They cried with a loud voice, saying, “Salvation be to our God, who sits on the throne, and to the Lamb!”

11 All the angels were standing around the throne, the elders, and the four living creatures; and they fell on their faces before his throne, and worshipped God, 12 saying, “Amen! Blessing, glory, wisdom, thanksgiving, honour, power, and might, be to our God forever and ever! Amen.”

13 One of the elders answered, saying to me, “These who are arrayed in the white robes, who are they, and where did they come from?”

14 I told him, “My lord, you know.”

He said to me, “These are those who came out of the great suffering.*They washed their robes, and made them white in the Lamb’s blood. 15 Therefore they are before the throne of God, they serve him day and night in his temple. He who sits on the throne will spread his tabernacle over them. 16 They will never be hungry or thirsty any more. The sun won’t beat on them, nor any heat; 17 for the Lamb who is in the

middle of the throne shepherds them and leads them to springs of life-giving waters. And God will wipe away every tear from their eyes.”

-Revelation 7:9-17, WEBBE

29 But Jesus answered them, “You are mistaken, not knowing the Scriptures, nor the power of God. 30 For in the resurrection they neither marry, nor are given in marriage, but are like God’s angels in heaven. 31 But concerning the resurrection of the dead, haven’t you read that which was spoken to you by God, saying, 32 ‘I am the God of Abraham, and the God of Isaac, and the God of Jacob?’ God is not the God of the dead, but of the living.” - **Matthew 22:29-32, WEBBE**

6 We speak wisdom, however, amongst those who are full grown, yet a wisdom not of this world nor of the rulers of this world who are coming to nothing. 7 But we speak God’s wisdom in a mystery, the wisdom that has been hidden, which God foreordained before the worlds for our glory, 8 which none of the rulers of this world has known. For had they known it, they wouldn’t have crucified the Lord of glory. 9 But as it is written,

“Things which an eye didn’t see, and an ear didn’t hear,
which didn’t enter into the heart of man,
these God has prepared for those who love him.”

-1 Corinthians 2:6-9, WEBBE

20 For our citizenship is in heaven, from where we also wait for a Saviour, the Lord Jesus Christ, 21 who will change the body of our humiliation to be conformed to the body of his glory, according to the working by which he is able even to subject all things to himself. - **Philippians 3:20-21, WEBBE**

35 But someone will say, “How are the dead raised?” and, “With what kind of body do they come?” 36 You foolish one, that which you yourself sow is not made alive unless it dies. 37 That which you sow, you don’t sow the body that will be, but a bare grain, maybe of wheat, or of some other kind. 38 But God gives it a body even as it pleased him, and to each seed a body of its own. 39 All flesh is not the same flesh, but there is one flesh of men, another flesh of animals, another of fish, and another of birds. 40 There are also celestial bodies and terrestrial bodies; but the glory of the celestial differs from that of the terrestrial. 41 There is one glory of the sun, another glory of the moon, and another glory of the stars; for one star differs from another star in glory. 42 So also is the resurrection of the dead. The body is sown perishable; it is raised imperishable. 43 It is sown in dishonour; it is raised in glory. It is sown in weakness; it is raised in power. 44 It is sown a natural body; it is raised a spiritual body. There is a natural body and there is also a spiritual body.

-1 Corinthians 15:35-44, WEBBE

45 So also it is written, “The first man, Adam, became a living soul.” ☆ The last Adam became a life-giving spirit. 46 However that which is spiritual isn’t first, but that which is natural, then that which is spiritual. 47 The first man is of the earth, made of dust. The second man is the Lord from heaven. 48 As is the one made of dust, such are those who are also made of dust; and as is the heavenly, such are they also that are heavenly. 49 As we have borne the image of those made of dust, let’s* also bear the image of the heavenly. 50 Now I say this, brothers, that flesh and blood can’t inherit God’s Kingdom; neither does the perishable inherit imperishable. - **1 Corinthians 15:45-50, WEBBE**

51 Behold, I tell you a mystery. We will not all sleep, but we will all be changed, 52 in a moment, in the twinkling of an eye, at the last trumpet. For the trumpet will sound and the dead will be raised incorruptible, and we will be changed. 53 For this perishable body must become imperishable, and this mortal must put on immortality. 54 But when this perishable body will have become imperishable, and this mortal will have put on immortality, then what is written will happen: “Death is swallowed up in victory.”

55 “Death, where is your sting?

Hades, where is your victory?”

-1 Corinthians 15:51-55, WEBBE

15 For this we tell you by the word of the Lord, that we who are alive, who are left until the coming of the Lord, will in no way precede those who have fallen asleep. 16 For the Lord himself will descend from heaven with a shout, with the voice of the archangel and with God’s trumpet. The dead in Christ will rise first, 17 then we who are alive, who are left, will be caught up together with them in the clouds, to meet the Lord in the air. So we will be with the Lord forever. 18 Therefore comfort one another with these words. - **1 Thessalonians 4:15-18, WEBBE**

19 “Don’t lay up treasures for yourselves on the earth, where moth and rust consume, and where thieves break through and steal; 20 but lay up for yourselves treasures in heaven, where neither moth nor rust consume, and where thieves don’t break through and steal; 21 for where your treasure is, there your heart will be also. - **Matthew 6:19-21, WEBBE**

2 Beloved, now we are children of God. It is not yet revealed what we will be; but we know that when he is revealed, we will be like him; for we will see him just as he is. 3 Everyone who has this hope set on him purifies himself, even as he is pure. - **1 John 3:2-3, WEBBE**

14 For those who say such things make it clear that they are seeking a country of their own. 15 If indeed they had been thinking of that country from which they went out, they would have had enough time to return. 16 But now they desire a better country, that is, a heavenly one. Therefore God is not ashamed of them, to be called their God, for he has prepared a city for them. - **Hebrews 11:14-16, WEBBE**

10 But the day of the Lord will come as a thief in the night; in which the heavens will

pass away with a great noise, and the elements will be dissolved with fervent heat, and the earth and the works that are in it will be burnt up. 11 Therefore since all these things will be destroyed like this, what kind of people ought you to be in holy living and godliness, 12 looking for and earnestly desiring the coming of the day of God, which will cause the burning heavens to be dissolved, and the elements will melt with fervent heat? 13 But, according to his promise, we look for new heavens and a new earth, in which righteousness dwells. - **2 Peter 3:10-13, WEBBE**

For we don't have here an enduring city, but we seek that which is to come. - **Hebrews 13:14, WEBBE**

1 For we know that if the earthly house of our tent is dissolved, we have a building from God, a house not made with hands, eternal, in the heavens. 2 For most certainly in this we groan, longing to be clothed with our habitation which is from heaven, 3 if indeed being clothed, we will not be found naked. 4 For indeed we who are in this tent do groan, being burdened, not that we desire to be unclothed, but that we desire to be clothed, that what is mortal may be swallowed up by life. 5 Now he who made us for this very thing is God, who also gave to us the down payment of the Spirit. - **2 Corinthians 5:1-5, WEBBE**

Then the righteous will shine like the sun in the Kingdom of their Father. He who has ears to hear, let him hear. - **Matthew 13:43, WEBBE**

44 "Again, the Kingdom of Heaven is like treasure hidden in the field, which a man found, and hid. In his joy, he goes and sells all that he has, and buys that field.

45 "Again, the Kingdom of Heaven is like a man who is a merchant seeking fine pearls, 46 who having found one pearl of great price, he went and sold all that he had, and bought it. - **Matthew 13:44-45, WEBBE**

34 Then the King will tell those on his right hand, ‘Come, blessed of my Father, inherit the Kingdom prepared for you from the foundation of the world; 35 for I was hungry, and you gave me food to eat. I was thirsty, and you gave me drink. I was a stranger, and you took me in. 36 I was naked, and you clothed me. I was sick, and you visited me. I was in prison, and you came to me.’ - **Matthew 25:34-36, WEBBE**

He who has an ear, let him hear what the Spirit says to the assemblies. To him who overcomes I will give to eat from the tree of life, which is in the Paradise of my God.
- **Revelation 2:7, WEBBE**

17 He who has an ear, let him hear what the Spirit says to the assemblies. To him who overcomes, to him I will give of the hidden manna, and I will give him a white stone, and on the stone a new name written, which no one knows but he who receives it.- **Revelation 2:17, WEBBE**

40 But the other answered, and rebuking him said, “Don’t you even fear God, seeing you are under the same condemnation? 41 And we indeed justly, for we receive the due reward for our deeds, but this man has done nothing wrong.” 42 He said to Jesus, “Lord, remember me when you come into your Kingdom.”

43 Jesus said to him, “Assuredly I tell you, today you will be with me in Paradise.”

-Luke 23:40-43, WEBBE

“I am the resurrection and the life. He who believes in me will still live, even if he dies. 26 Whoever lives and believes in me will never die. - **John 11:25-26, WEBBE**

He has made everything beautiful in its time. He has also set eternity in their hearts...
– **Ecclesiastes 3:11, WEBBE**

Blessed are the pure in heart, for they shall see God. - **Matthew 5:8, WEBBE**

Therefore you now have sorrow, but I will see you again, and your heart will rejoice, and no one will take your joy away from you. - **John 16:22, WEB**

Mercy and truth meet together. Righteousness and peace have kissed each other. Truth springs out of the earth. Righteousness has looked down from heaven. Yes, Yahweh will give that which is good. Our land will yield its increase. Righteousness goes before him, And prepares the way for his steps. - **Psalms 85:10-13, WEB**

Let Me Tell You When I Had a Glimpse of Heaven

I would like to share with you some of my personal experiences that have helped me catch a glimpse of heaven. I do not wish to convince you that I have had a supernatural experience or that I've witnessed some kind of miracle. But I would share with you my experiences for what they were to me.

A Holy Experience

“God is an ocean, a fire, a living fountain...That is the essence of prayer: this contact with a living God, a God who reacts not like a simple inanimate being but like a living person, with a thrill of joy, with the gift of Himself.” – Marie-Eugene of the Child Jesus, OCD (Where the Spirit Breathes)

I would like to share here an unforgettable experience I had while I was attending mass with my sister. Here is how I wrote it at my journal:

Had a very “blessed” moment while in St. Michael the Archangel Chapel today.

This feeling is “spiritual”. It was not caused by any physical external stimuli. I have attended mass at this chapel before without feeling this way. It couldn't have come from the singing or music of the choir because there was nothing unusually peculiar in their singing that time. They just sang the way they used to sing with simple ordinary songs. There was also nothing new to the outward architecture or decor of the chapel. And it also couldn't have come from an eloquent sermon because the feeling started even before the priest started his homily.

This feeling could only be heavenly. I felt loved. I understood how God could really love me as a Father, how Jesus could love me as a Husband, how deep and true and pure His love is that even went so far as His passion and death at the cross.

PURE LOVE. Only that can make us truly Happy!

This kind of happiness is not like anything we could ever find in this world. We may feel comfortable with material things, we may be amused or excited, but we can never find this joy! The closest is the happiness we find in loving another person, but even this pales in comparison for it is never as pure.

There were a few other instances when I felt a similar level of this spiritual feeling:

-when I was once praying in front of the Blessed Sacrament

-when I was in a mass at our local church

-after a confession

It is a feeling of being blessed and loved and cleansed and purified by that love. It is communing in love without words. It is peace and contentment and being one with God. It is having the questions in your heart answered. It is being elevated in spirit. It is having FAITH. It is having a taste of eternity. It is being in the sweetness of God's holy, gentle and loving presence.

After being enlightened much about God's love, I have asked Him to help me know and feel it in a personal level. And He has answered my prayer!

“You shall seek me, and find me, when you search for me with all your heart.” –
Jeremiah 29:13, WEB-BE

Another Spiritual Experience

I don't know if it is just my imagination or ardent desire, but for what seems to be the first time, I saw in my mind's eye how amiable and homely and sweet Jesus really is. How gentle, loving and friendly. How warm, pure and humble His love is. He is not the distant and formal figure I have often had at the back of my mind, someone that I would fear approaching. He is not harsh, not sarcastic, not demanding. He is not too serious at all in demeanor at that time. But He wears this beautiful smile and no child would ever fear approaching Him. "It's alright", He seems to say. "I see you, I love you, and my heart is very near. I come to you in the gentlest yet in the most intimate way. I'm here, I will take care of you. You can rest in Me."

I know how unworthy I am. But Jesus often takes us by surprise with the sweetest revelations of His love.

A Glimpse Of Him

There are times when,
In the midst of silence
I catch a glimpse of Him
And just for a moment
My heart is stilled
My heart is filled
My heart is satisfied.

In the midst of a barren land,
Streams of water flow

And my thirst is quenched
I know I can only rest
in his sweet presence
And all the happiness I seek
Is there only
In his embrace.

The voice of my beloved!
Behold, he comes,
leaping on the mountains,
skipping on the hills.
My beloved is like a roe or a young deer.
Behold, he stands behind our wall!
He looks in at the windows.
He glances through the lattice.
- Song of Solomon 2:8-9, WEBBE

All I Have Are Glimpses

All I have are glimpses,
a glance,
a touch,
a memory of your voice.

Glimpses that

take my breath away,
that draw me from
the monotony of each day.

Glimpses that
give me life,
that give me a new heart
and a new soul.

For when those glimpses come,
I feel a lifetime has also gone by,
a lifetime with you,
well spent in a moment of love.

And I let each memory
sink as deeply as it could,
so I may remember
and never forget.

How each glimpse of you
has changed me,
has found me,
has saved me.

And all I could ever do now,

is wait for you,
content with glimpses of your love,
until you come and make me live again.

If my soul has one true desire, it is to be in Your presence Lord—to see your face, and to remain always upon Your loving arms.

"The great, essential joy of heaven will be the Vision wherein we shall see God face to face, shall know even as we are known, and love as we are loved... To love and strive for the object of desire is a natural beatitude. But God is infinite perfection, and the knowledge we shall have of Him is direct, face to face, the most intimate possible to creature; and love in heaven is not merely that of desire, but of fruition, derived from the possession of Him. We love and are loved, we possess and are possessed, we enjoy and are enjoyed, we are united to God... as heat to the molten iron... dissolved in Him as two pieces of wax fused together." (Cassilly, 1917, 129)

“Yet while waiting this joyful consummation, the Heavenly Bridegroom vouchsafes us many an intimation of His gracious Presence, for without any endearments the soul would not be drawn, nor run after the savour of His ointments. Therefore the Bride says, " Let Him kiss me with the kisses of His Mouth." But these are all but foretastes of that best of all embraces which shall last for ever, compared with which all the others are as nothing, a mere shadow and token of the embrace which shall last for ever, the eternal union of the Bride and her Bridegroom.” (Francis De Sales, 1888, p.105)

All We Have Are Glimpses of Heaven

What is heaven like? It is like falling in love. And how marvelous to always feel that love! How blessed to always have your beloved with you, never ever to part, never ever to lose the love you've found.

If such a bliss could really last, would you ever look for anything more? Would the word boredom mean anything to you at all? Surely not. Time is not for those who love, for the only time there could ever be is the present moment. Such is heaven. Such is perfection. Such is the full blessedness of love.

Here on earth however, all we could hope for are glimpses of heaven that God sends our way now and then. A kiss. A warm embrace. A young baby to hold in your arms. A few rays of light come our way, and then comes the evening and we need to rest, or then comes time to work and we need to leave the hands that touched our hearts.

Even if we be allowed to live a thousand years on earth, we would still long for heaven, for it is not the length of our stay here that rewards us, but the love we wish to carry forever in our souls.

The shortness of our days on earth is a blessing, for if it be too long, we may not be able to bear it, not with the present state of our physical frailty nor with the woundedness of our souls.

There is a heaven that awaits us, and for now we are blessed with glimpses of its glory to give us hope.

A Prayer of Gratitude

I thank you Lord, for all the moments filled with love that you have blessed me with throughout my lifetime. Thank you for filling my heart with incomparable happiness. Thank you for allowing me to see what's truly beautiful and pure.

I have not yet reached heaven, but even here, you have given me a glimpse of my true home. You have allowed me to see a reflection of your face. You have loved me, and you gave me a chance to love you back. May I never waste a single moment of grace, and may I always treasure all your gifts within my heart.

“Our destiny is the possession of God and eternal life- to live in that abode from which all evil is absent and where we enjoy a multitude and abundance of every good, a place which is commonly called Heaven.”

- Fr. Charles Arminjon

The End of This Present World and the Mysteries of the Life to Come

Other Books by Jocelyn Soriano

Of Waves and Butterflies: Poems on Grief
In Your Hour of Grief
To Love An Invisible God
Mend My Broken Heart
366 Days of Compassion
Beloved
The Good For Nothing Boy
Questions to God
Defending My Catholic Faith
Dear Joyce
A Forgotten Voice
Poems of Love and Letting Go

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GOD BLESS YOU and keep you always in His care!*

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About the Author

Jocelyn Soriano is a Catholic self-help author, poet, and blogger. She used to be an auditor, but she felt called to write and to spread the message of God's love. Being an introvert, she enjoys time alone listening to music or even composing her own songs. She also likes to travel and is inspired by quiet moments along the beach or merely walking under a starlit sky. She is happily living a single life with God.

You can find more of her writings at singlecatholicwriter.substack.com and itakeoffthemask.com.

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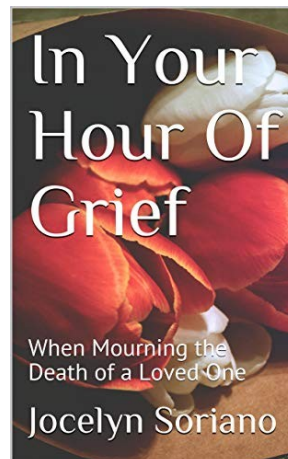
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